



PALM BEACH EQUINE CLINIC

Office (561) 793-1599
info@equineclinic.com
www.equineclinic.com

IN THIS ISSUE:

NOVEMBER 28, 2017

- **PBEC Success Story: Beatrix**
- **Equine Import and Export with Dr. Jordan Lewis**
- **Meet PBEC Veterinarian Dr. Natalia Novoa**
- **Palm Beach Equine Clinic Provides the Best in Emergency Colic Care**

PBEC Success Story: Beatrix

Any horse owner's worst nightmare is realized when their mount begins to show the dreaded signs of colic. For Jody Stoudenmier, a Wellington, FL, resident and avid dressage rider and horse owner, she knows the symptoms all too well.



Beatrix ready to return to work. Photo courtesy of Jody Stoudenmier

Stoudenmier owns an 11-year-old American-bred Dutch Warmblood mare that joined her string at the end of 2016 and has competed through the Intermediate II level. Sidelined by a suspensory injury last year, Beatrix was prescribed stall rest to aid in her recovery by Dr. Robert Scott of Scott Equine Services based in Ft. Lauderdale, FL. An unfortunate but common side effect of the necessary stall rest was colic. Beatrix suffered from six bouts of colic that were resolved without surgery when Dr. Scott referred Stoudenmier and Beatrix to Palm Beach Equine Clinic (PBEC).

"She is such a wonderful mare; a nice mover, very athletic, sweet, sensitive, and easy to handle in the barn," said Stoudenmier of the mare that regularly competes at the Adequan Global Dressage Festival in Wellington, FL, during the winter season. "When she was recovering from her injury we tried everything to prevent her from colicking – diet, medications, hand walking – but, nothing seemed to be working."

It was then that PBEC's own board-certified surgeon, Dr. Weston Davis, suggested a laparoscopic surgical approach.

[Click here to find out more about Beatrix!](#)

Competition Reminder!

Microchipping Clinics Available at PBEC Annex

As of December 1, 2017, the United States Equestrian Federation (USEF) will require horses and ponies to be microchipped with an ISO 11784/11785 compliant chip to compete in classes that require United States Hunter Jumper Association (USHJA) registration. The microchip verifies a horse's ID, which allows the horse to compete for points and prize money and to be eligible for certain USEF and USHJA programs and awards.

Contact your PBEC veterinarians at 561-793-1599, or visit the PBEC's Annex office located on-site at Palm Beach International Equestrian Center (PBIEC) for more information on microchipping your horse and the other on-site offerings available, such as laser therapy and cryotherapy treatments.

At the Annex office on the Winter Equestrian Festival show grounds, PBEC will scan horses for any chips previously placed. If no chip is found, a sterile procedure will be performed to easily implant a chip within the nuchal ligament. Official stickers of the microchip number will be provided for your records and convenience for updating any passports or USEF forms. PBEC Veterinarians will also be available to answer questions and assist in properly updating all records for your equine athlete.

Upcoming Microchipping Clinics:

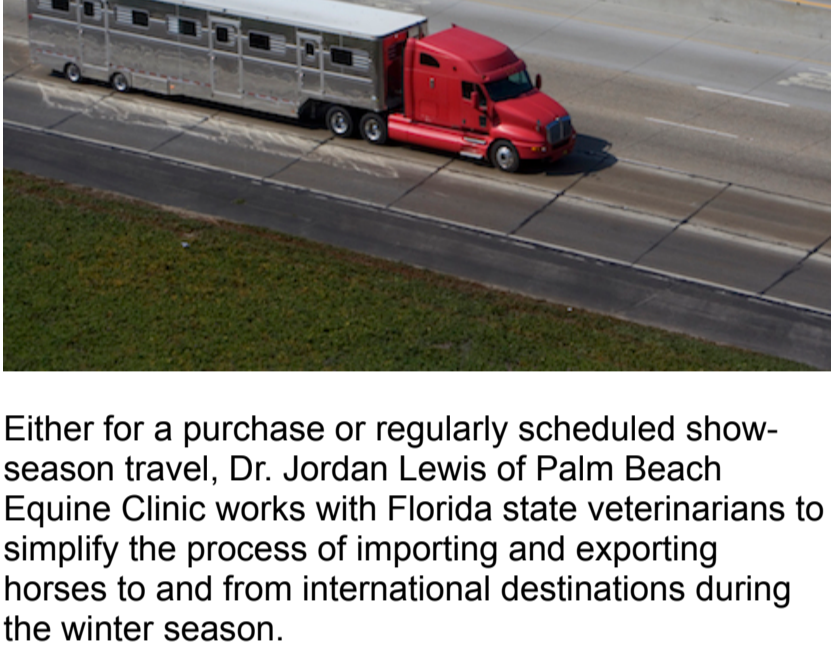
Thursday, November 30, 2017 | 9am - 12pm

Friday, December 1, 2017 | 9am - 12pm

If a horse arrives at PBIEC show grounds with signs of fever or other illness, contact PBEC at 561-793-1599.

Equine Import and Export with Dr. Jordan Lewis

As the height of horse show season approaches in North America, the import and export of equine athletes is also at a high as horses from around the world make a pilgrimage to South Florida.



Either for a purchase or regularly scheduled show-season travel, Dr. Jordan Lewis of Palm Beach Equine Clinic works with Florida state veterinarians to simplify the process of importing and exporting horses to and from international destinations during the winter season.

"The most important thing to have in order is health records, up-to-date vaccinations, and complete preventative care," said Dr. Lewis. "Much of the testing upon import and export depends on the outbreaks of different disease in the import and export countries. The requirements change year to year and even month to month."

Dr. Lewis is one of the many vets at Palm Beach Equine Clinic who helps owners navigate through the ever-changing import, export, and quarantine regulations.

"Most horses that are coming from Europe to the U.S. to compete in Florida fly into Miami and are placed in a two- or three-day U.S. Department of Agriculture (USDA) quarantine depending on the country they are arriving from," said Dr. Lewis. "If they are arriving from South America, however, requirements are different and they will spend seven days at USDA in Miami."

When importing to the U.S., Dr. Lewis affirms that many tests are required through blood draws, including equine infectious anaemia (EIA) or coggins; *piroplasmiasis*, which is a tick-borne disease; glanders, a common bacterial disease; and dourine, a parasite-born venereal disease. When traveling from South America, horses are also tested for other parasites, such as screw worms. When exporting from the U.S., testing will vary based on the regulations of the destination country, its current health precautions and common parasites or diseases.

Once the initial quarantine is complete, geldings are released into the general population, while stallions and mares are transitioned to CEM quarantine at either a commercial or private quarantine facility.

Contagious equine metritis (CEM) is a venereal disease in horses caused by bacteria and is only spread during breeding or through infected semen during artificial insemination. According to Dr. Lewis, CEM quarantine takes about 15 days for mares and 35 to 40 days for stallions.

Mares and stallions that bypass CEM quarantine are shipped in a sealed trailer to the competition facility where they enter quarantine in a waiver tent to keep them secure from the general horse population while competing.

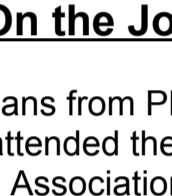
If horses are admitted into a traditional CEM quarantine, veterinarians like Dr. Lewis perform the appropriate tests and cultures that clear a horse for approved release into a new home or to the event.

"We work very closely with state veterinarians to do all the blood draws and testing for imported horses, as well as stay on top of the requirements of export countries so each horse can easily and safely transition into the equine population," said Lewis.

While requirements may change often, the ultimate goal of veterinarians like Dr. Lewis and her colleagues remains the same: releasing safe, healthy, and happy horses to travel into the U.S. and all countries around the world.

About Dr. Lewis

Dr. Jordan Lewis is a 2004 graduate of the University of Florida College of Veterinary Medicine and a member of the PBEC team since 2005. She is a Florida native and grew up competing on the Arabian circuit before her internship in equine medicine and surgery at the Equine Medical Center in Ocala.

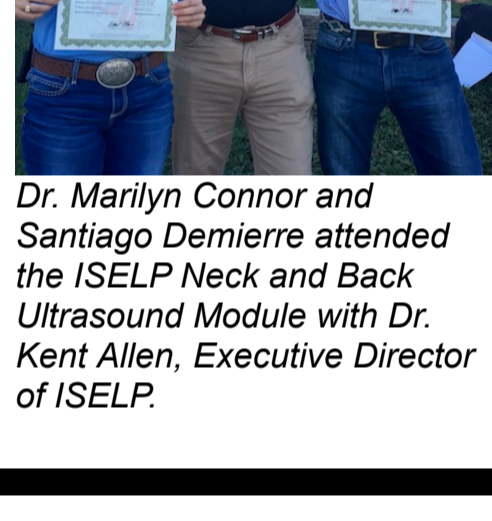


On the Job

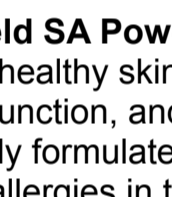
Veterinarians from PBEC recently attended the American Association of Equine Practitioners (AAEP) Annual Convention & Trade Show November 17-21, 2017, in San Antonio, TX.



Team PBEC met with veterinary students in the AAEP Avenues Internship/Externship Program.



Dr. Marilyn Connor and Santiago Demierre attended the ISELP Neck and Back Ultrasound Module with Dr. Kent Allen, Executive Director of ISELP.



PBEC Pharmacy Product Feature:

EquiShield SA Powder

EquiShield SA Powder supports healthy skin and immune function, and is specifically formulated to address allergies in the horse.

The addition of ground stabilized flaxseed helps reduce immune response to common allergens. Other key ingredients, including Quercetin, Sodium Hyaluronate, MSM, Vitamin E, and Rice Bran help support healthy skin while maintaining skin hydration.

Benefits:

- Helps maintain normal histamine levels
- Supports healthy immune function
- Maintains hydration and health of skin
- Anti-oxidant
- Anti-inflammatory



Ask your veterinarian about EquiShield SA Powder, or [click here to contact the PBEC pharmacy.](#)

Meet PBEC Veterinarian Dr. Natalia Novoa

Dr. Natalia Novoa was born in Nashville, TN, and raised in Colombia, where she graduated from the University of La Salle. Upon returning to the United States, Novoa validated her degree in both the U.S. and Canada and received her chiropractic adjustments qualifications in Kansas and studied acupuncture in Florida. Novoa joined the Palm Beach Equine Clinic (PBEC) team for a short period in 2000, before spending several years following the hunter/jumper horse show circuit in Canada, Colorado, and Ocala, FL. She then re-joined the PBEC staff in 2011, and, with her veterinary license in Florida, Kentucky, North Carolina, and Canada, Novoa has been a valued member of their team ever since.

Q: How did you decide that you wanted to pursue veterinary medicine?

I have enjoyed having animals in my life since I was very young, but what was key to me deciding to pursue veterinary medicine was having a farm where I was able to gain skills and real world experience that would prove handy down the road. I was able to practice with real medical cases and acquire knowledge in operational management, and it was an introduction to the lifestyle, because it requires patience, hard work, commitment, determination, and accountability. It was a valuable opportunity to work hands on in the environment with the veterinarian of my farm, absorbing, assimilating, and getting familiarized with the vet skills that were the building blocks for my future. He made me realize that veterinary medicine would fit me perfectly. That helped me set the foundation for my career, and since then, I didn't have to look any further!

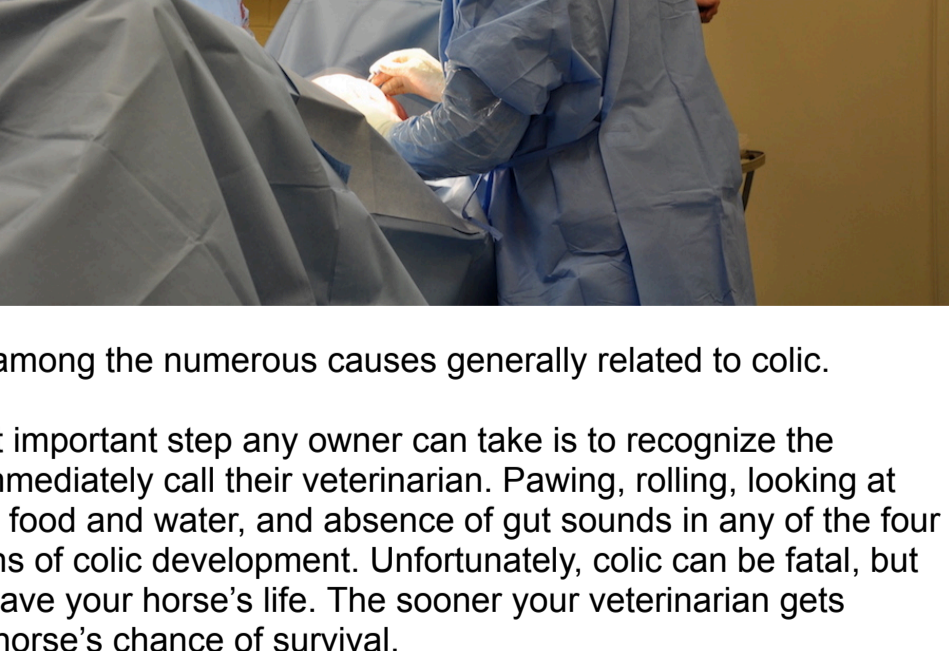
[Click here to learn more about Dr. Novoa!](#)

Photo by Erin Gilmore



Palm Beach Equine Clinic Provides the Best in Emergency Colic Care

Fear of colic is in the back of many horse owners' minds, but with the expert care of Palm Beach Equine Clinic, owners can rest easy knowing that they have some of the world's best surgeons and veterinarians at their disposal in the event of an emergency.



Characterized by abdominal pain or problems with the gastrointestinal tract, colic is something that often arises unexpectedly and from many different origins. Parasite feed, abrupt changes in feed, parasite infestation, sand ingestion, lack of water consumption, and even excess stress or changes in the weather are among the numerous causes generally related to colic.

Whatever the cause may be, the most important step any owner can take is to recognize the symptoms as early as possible and immediately call their veterinarian. Pawing, rolling, looking at abdomen, sweating, loss of interest in food and water, and absence of gut sounds in any of the four quadrants are some of the telltale signs of colic development. Unfortunately, colic can be fatal, but the proper knowledge and care may save your horse's life. The sooner your veterinarian gets involved in treatment, the better your horse's chance of survival.

[Click here to read more!](#)

Unparalleled Excellence in Equine Sports Medicine and Surgery

About Palm Beach Equine Clinic

The veterinarians and staff of PBEC are respected throughout the industry for their advanced level of care and steadfast commitment to horses and owners. With 28 skilled veterinarians on staff, including three board-certified surgeons, internal medicine specialists, and one of very few board-certified equine radiologists in the country, PBEC leads the way in new, innovative diagnostic imaging and treatments. Palm Beach Equine Clinic provides experience, knowledge, availability, and the very best care for its clients. To find out more, please visit www.equineclinic.com or call 561-793-1599. "Like" them on Facebook to follow along on what happens in Wellington and more, and get news from their Twitter and Instagram!

Photographs may be used one time only in relation to the above news items. For high resolution photographs, please e-mail: lindsay@jumpmediallc.com.



Raising The Bar In Equestrian PR

www.jumpmediallc.com

